



Behavioral Health Clinicians Services & Availability during the COVID-19 Crisis

Taking care of our children's mental health is always important especially during a crisis like COVID-19. Healthy Minds Fairfax recently surveyed behavioral health clinicians to find out who is available for new clients and how they are delivering services.

You can locate this document and other important information on the Healthy Minds Fairfax website @ <https://www.fairfaxcounty.gov/healthymindsfairfax/>
Email: DFSHealthyMinds@fairfaxcounty.gov

DISCLAIMER FOR DIRECTORY OF BEHAVIORAL HEALTH Professionals

Inclusion in this directory does not represent an endorsement by Fairfax County. Selecting a mental health professional for your child(ren) is a parental/guardian responsibility. If you have insurance, please go to your insurance company's provider directory to find out if the provider accepts your insurance. Every effort has been made to ensure that the information provided herein is accurate. If there is an error in an organization's listing or you would like your organization to be included in our directory, please contact our office.

A HARRIS CONSULTING

Current Status: Accepting new clients

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes

Payment Options: Out of network

ANEW HOPE LLC

www.anew-hope.org

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes

Payment Options: Out of Network

ARBOR CENTER, THE

<http://www.thearborcenter.com/index.html>

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes

Payment Options: Private insurance

AUTUMNLEAF GROUP, INC.

www.autumnleafgroup.com

Current Status: Accepting referrals based on appropriateness for telehealth/telemental health services

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family Therapy

Payment Options: Sliding fee scale/low or no-cost options
HSA/FSA, CSA/FAPT

BEST LIFE THERAPEUTIC SERVICES, LLC

www.bestlifetherapeutics.com

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Group Therapy – In-Person: Yes
Support Groups – In-Person: Yes
Other – Telehealth: Yes
Other Detail: Webinars

Payment Options: Private insurance
Sliding fee scale/low or no-cost options

BEST, LAURIE

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes
Payment Options:	Private insurance Medicaid

BIOFEEDBACKWORKS IN VIRGINIA, PLLC

<https://www.biofeedbackworksva.com/>

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Other – In-Person: Yes Other Detail: Neurofeedback and biofeedback
Payment Options:	Sliding fee scale/low or no-cost options out of network

BLUSPRING HEALTH

www.bluspringhealth.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes Support Groups – In-Person: Yes Support Groups – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: medication management for children, adolescents and adults
Payment Options:	Private insurance Medicaid self-pay

BRICKEL AND ASSOCIATES, LLC

www.BrickelandAssociates.com

Current Status:	It depends. We are working to get comfortable with our new teletherapy option and so there is a short wait time for new patients
Populations Served:	Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: couples and family therapy - all telehealth during this crisis and in person after!
Payment Options:	Sliding fee scale/low or no-cost options We are a self-pay practice but are offering no fee options for some during the crisis and always do some sliding scale

BRIDGES THERAPY AND WELLNESS CENTER

www.bridgestherapyandwellness.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other Detail:
Payment Options:	Sliding fee scale/low or no-cost options self-pay

CABUSH, JOE & ASSOCIATES

cabush.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes
Payment Options:	Sliding fee scale/low or no-cost options

CAPITAL MUSIC THERAPY SERVICES

www.capitalmts.com

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes

Payment Options: Private pay

CARDWELL, JESSICA L., PSYD

www.drjcardwell.com

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: Psychological Testing and Family Therapy

Payment Options: Sliding fee scale/low or no-cost options

CENTER FOR ADOPTION SUPPORT AND EDUCATION

Adoptionsupport.org

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Yes Other Detail: Presentations
Payment Options:	Private insurance Sliding fee scale/low or no-cost options Grants

CENTER FOR ATTACHMENT & TRAUMA SERVICES, INC.

www.familyattachment.org

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Family Therapy. We would also be interested in developing online group therapy and parenting support groups should there be a demand.
Payment Options:	Sliding fee scale/low or no-cost options We do not process insurance as payments

CENTER FOR AUTISM AND RELATED DISORDERS, LLC

centerforautism.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes Support Groups – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Other Detail: Assessments, Evaluations, and 2 for 1 Therapy
Payment Options:	Private insurance Medicaid FFS

CENTER FOR CLINICAL AND FORENSIC SERVICES, INC.

ccfsinc.net

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Other Detail:
Payment Options:	Contract rates, self pay agreements

CHILD AND FAMILY COUNSELING GROUP; CANDICE HOLM, PSY.D.

www.childandfamilycounseling.com

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Parenting/behavioral support and family therapy

Payment Options: Sliding fee scale/low or no-cost options

COMPREHENSIVE NEUROPSYCHOLOGY, LLC, DR. SONAL PANCHOLI

www.compneuropsych.com

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: Psychological, Neuropsychological, Educational, etc., Evaluations

Payment Options: self-pay, funding through county or state (CSA, etc.)

CONTIUUM BEHAVIORAL HEALTH

<https://www.autismspectrumalliance.com/>

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes

Payment Options: Private insurance
private pay

COVIELLO, GEORGE S., LPC

Current Status: Accepting new client

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes

Payment Options: Private insurance
Medicaid
Sliding fee scale/low or no-cost options

DISCOVERY SCHOOL OF VIRGINIA (BOYS AND GIRLS)

www.discoveryschool.org

Current Status:	Accepting new clients
Populations Served:	Adolescents
Services Provided:	Individual Therapy – In-Person: Yes Group Therapy – In-Person: Yes Support Groups – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Therapeutic Residential Services, Case Management, Academic Services, Room & Board. All through our residential services.
Payment Options:	Private Pay; CSA/FAPT funding

DOMINION HOSPITAL

https://dominionhospital.com/

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes
Payment Options:	Private insurance

EVERWHEN THERAPY

www.everwhentherapy.com

Current Status: Accepting new clients

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Individual Therapy - Telehealth - Yes

Payment Options: Private insurance
Sliding fee scale/low or no-cost options

FAIRFAX COUNTY DEPARTMENT OF FAMILY SERVICES (DFS), DOMESTIC & SEXUAL VIOLENCE SERVICES (DSVS)

https://www.fairfaxcounty.gov/familyservices/domestic-sexual-violence

Current Status: Not accepting new clients at this time; once we have established our telehealth protocol, we may be able to accept individual survivor clients.

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Our 24-hour domestic and sexual violence hotline remains open and available at (703) 360-7273; our LAP protocol remains in place. Advocacy services are being provided telephonically.

Payment Options: Private Insurance
Medicaid

FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD

<https://www.fairfaxcounty.gov/community-services-board/>

Current Status:	Some programs are accepting new clients, some are putting them on a prioritized waitlist, some are not currently accepting new clients.
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes Support Groups – In-Person: Yes Support Groups – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Psychotherapy Groups, case management, intake for County programs, family therapy, clinical supervision, supported employment/education, peer support, medication management
Payment Options:	Private insurance Medicaid Sliding fee scale/low or no-cost options Self-pay

FAIRFAX MENTAL HEALTH AND WELLNESS, VERONICA DORAN

Current Status:	Accepting new clients
Populations Served:	Children Adolescents
Services Provided:	Individual Therapy - Telehealth - Yes Group Therapy – Telehealth: Yes
Payment Options:	Private insurance

FAMILY COUNSELING CENTER OF GREATER WASHINGTON

www.fccgw.org

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes
Payment Options:	Sliding fee scale/low or no-cost options

FAMILY INSIGHT, PC

www.familyinsight.net

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: ABA Parent Support; ABA Telehealth
Payment Options:	Private insurance Medicaid CSA

FAMILY PRIORITY, LLC

<https://familypriority.com/>

Current Status:	Accepting new clients
Populations Served:	Children Adolescents
Services Provided:	Individual Therapy – Telehealth: Yes Other - Telehealth - Yes
Payment Options:	Private insurance Medicaid CSA funding Private Insurance for ABA

FAR BEYOND LLC

www.farbeyond.us

Current Status:	Accepting new clients
Populations Served:	Children Adolescents
Services Provided:	Individual Therapy – In-Person: Yes
Payment Options:	Private insurance Medicaid

FOR CHILDREN'S SAKE

www.fcsva.org

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Case Management
Payment Options:	Private insurance Medicaid CSA Funding

FORMED FAMILIES FORWARD

formedfamiliesforward.org

Current Status:	Accepting new clients
Populations Served:	Adolescents Young Adults Adults
Services Provided:	Support Groups – Telehealth: Yes
Payment Options:	Peer groups are free for participants

GANTS, ERICA, PH.D.

www.psychologytoday.com

Current Status: Accepting new clients

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes

Payment Options: Private insurance
Sliding fee scale/low or no-cost options

GIL INSTITUTE FOR TRAUMA RECOVERY AND EDUCATION

www.gilinstitute.com

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes

Payment Options: Fee for service & county Contracts

GOLDBERG, DR. & ASSOCIATES

https://www.drgoldberg.org

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes

Payment Options: Private insurance
Full fee, private pay using credit cards

GMU CENTER FOR PSYCHOLOGICAL SERVICES

<https://psyclinic.gmu.edu/>

Current Status:	Putting new clients on a wait list
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Yes Other Detail: workshops
Payment Options:	Sliding fee scale/low or no-cost options

GRACE COMMUNITY CENTER

<https://www.gcchealthsystem.org/>

Current Status:	Accepting new clients
Populations Served:	Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Support Groups – In-Person: Yes Other – In-Person: Yes Other Detail: Mental health seminars/training
Payment Options:	Sliding fee scale/low or no-cost options

GRAFTON INTEGRATED HEALTH NETWORK

www.grafton.org

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Support Groups – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: OT, SLP, ABA, Education, Developmental Services
Payment Options:	Private insurance Medicaid Education

GRANATO GROUP

http://granatogroup.com/

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes
Payment Options:	Private insurance

GROUP THERAPY ASSOCIATES

www.grouptherapyassociates.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Couples and family therapy
Payment Options:	Private insurance Sliding fee scale/low or no-cost options Low cost available with our clinical intern

HARBOR POINT BEHAVIORAL HEALTH CENTER

harborpointbhc.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents
Services Provided:	Individual Therapy – In-Person: Yes Group Therapy – In-Person: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Clinical Treatment team meetings and parent visits
Payment Options:	Private insurance Medicaid FAPT/CSA Funding

HEALTH CONNECT AMERICA

www.healthconnectamerica.com

Current Status: Accepting new clients; Limited on going in the home for services, but accepting outpatient and tele-services.

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: IIH, ABA, MHSB

Payment Options: Private insurance
Medicaid
Sliding fee scale/low or no-cost options

HEATHER TEDESCO, PHD

www.DrTedesco.com

Current Status: Accepting new clients

Populations Served: Adults: Adults

Services Provided: Other – Telehealth: Yes
Other Detail: Parenting strategies (I am an applied psychologist)

Payment Options: Insurance does not cover applied psychology

HERITAGE MULTICULTURAL PROGRAMS & SERVICES, INC

<https://www.heritagemulticultural.com>

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Other Detail: Intensive in home services, Mentoring, some assessments (DUI, DWI, Parenting) other telehealth services as requested
Payment Options:	Private insurance Medicaid FAPT, Counties and other agency sponsorship

HOEKSTRA, DIANE, PHD, LLC

drdianehoekstra.com

Current Status:	Accepting new clients
Populations Served:	Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes
Payment Options:	Sliding fee scale/low or no-cost options

HOPESPRING CHILD & FAMILY CLINIC, LLC

<https://hopespringchildandfamily.com/>

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Parent education, mental health seminars
Payment Options:	Private insurance Out of pocket fee/self pay

IMPROVING OUTCOMES, LLC

ImprovingOutcomes.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Family Support Services, Individual Support Services, Intensive in Home Services
Payment Options:	Private insurance Medicaid Sliding fee scale/low or no-cost options

INOVA KELLAR CENTER

<https://www.inova.org/our-services/inova-kellar-center>

Current Status: It depends. Limited access to medication management

Populations Served: Children: Children
Adolescents: Adolescents

Services Provided: Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Medication Management, Intake,
Psychological/Educational Testing.

Payment Options: Private insurance
Medicaid
Sliding fee scale/low or no-cost options

INSPIRED LIFE PSYCHOLOGICAL SERVICES

<https://www.inspiredlifepsychsvcs.com/>

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Other Detail: Couples and family therapy; Limited
psychological testing

Payment Options: Private insurance
Sliding fee scale/low or no-cost options

JONES, JOCELYN

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: No
Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family Therapy, Couples Therapy

Payment Options: Sliding fee scale/low or no-cost options

KIDS IN FOCUS

stepstoneyouth.com

Current Status: Accepting new clients

Populations Served: Children
Adolescents

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Group Therapy – In-Person: Yes
Group Therapy – Telehealth: Yes
Support Groups – In-Person: Yes
Support Groups – Telehealth: Yes

Payment Options: Private insurance
Medicaid

LEVINE, LAURIE, LCSW, LLC

laurielevine@lcsww.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Family Therapy, Couples Therapy
Payment Options:	Sliding fee scale/low or no-cost options Self-pay

LIFEWORKS OUTREACH SERVICES

familyteamwork.net

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: MHS, Family Therapy, Parent Coaching. Mentoring, Respite
Payment Options:	Private insurance Medicaid Sliding fee scale/low or no-cost options CSA, self-pay

MOVING FORWARD PLC

www.movingforwardplc.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Family and couples counseling
Payment Options:	Private insurance Sliding fee scale/low or no-cost options Self pay to get reimbursed by insurance

MULTICULTURAL CLINICAL CENTER

www.mccva.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other Detail:
Payment Options:	Private insurance Medicaid Sliding fee scale/low or no-cost options CSA funded

NATIONAL COUNSELING GROUP

www.ncgcommunity.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Homebased Counseling on a case by case basis
Payment Options:	Medicaid and out of pocket

NEUROSOUND MUSIC THERAPY, LLC.

<https://www.neurosoundmusictherapy.com/>

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Yes Other Detail: Adapted Music Lessons
Payment Options:	Private Pay

NEWPORT NEWS BEHAVIORAL HEALTH CENTER

www.newportnewsbhc.com

Current Status:	Can admit if a child is in medical care for 14 days with no symptoms
Populations Served:	Children Adolescents
Services Provided:	Individual Therapy - In-Person – Yes Group therapy - In-Person – Yes
Payment Options:	Private insurance Medicaid Tricare

NORTH SPRING BEHAVIORAL HEALTHCARE

www.northspringleesburg.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Intake and Assessment, Inpatient Acute and RTC Services
Payment Options:	Private insurance Medicaid

NORTHERN VIRGINIA FAMILY SERVICE (YOUTH INITIATIVES AND MULTICULTURAL CENTER)

www.nvfs.org

Current Status: We are accepting clients on our waitlist and doing outreach / triage for all waitlisted cases; we will be starting full telehealth MH services, including new intakes, in May

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other Detail: NOTE - Telehealth service will begin in early May (and groups may be provided at a later date)

Payment Options: Private insurance
Medicaid
Sliding fee scale/low or no-cost options

OAK HILL PSYCHOLOGICAL SERVICES

www.oakhillpsychological.com

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Other – Telehealth: Yes
Other Detail: Family therapy; couples therapy

Payment Options: Sliding fee scale/low or no-cost options
Out of Network; superbills provided

OCCOQUAN COUNSELING LLC

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Family therapy via telehealth
Payment Options:	Medicaid

PHILLIPS FAMILY PARTNERS

www.phillipsprograms.org

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Other Telehealth – Yes
Payment Options:	Medicaid CSA funding Private Pay

PIPER, LYNN J., PHD, PLLC

www.piperphd.com

Current Status: Accepting new clients

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes

Payment Options: fee for service

POTOMAC CENTER, INC.

mypotomaccenter.com

Current Status: Accepting new clients

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes

Payment Options: Private insurance
Sliding fee scale/low or no-cost options
Medicaid

PROFESSIONAL PSYCHOLOGICAL SERVICES

professionalpsych.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – In-Person: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes
Payment Options:	Private insurance Sliding fee scale/low or no-cost options

RESILIENCE NETWORK, THE

<https://www.help4compassionfatigue.com/>

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Other – Telehealth: Yes Other Detail: Resilience Skill Building (Individual Sessions for youth and adolescents) and Resilience Development Parent Coaching (Individual Sessions for Parents)
Payment Options:	Private Pay and Reimbursement Support for private insurance

RESILIENT YOGA FOR YOU, LLC

www.ResilientYoga4u.com

Current Status:	Accepting new clients
Populations Served:	Adolescents Young Adults Adults
Services Provided:	Other – Telehealth: Yes Other Detail: Trauma Informed Yoga Therapy and addiction recovery individual therapy
Payment Options:	Private insurance Sliding fee scale/low or no-cost options

RIVERSIDE BEHAVIORAL HEALTH CENTER

https://www.riversideonline.com/rbhc/

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy - Telehealth – Yes Group therapy - In-Person – Yes Other - Telehealth - Yes
Payment Options:	Private Insurance Medicaid Sliding fee scale/low or no-cost options

ROSS CENTER

www.rosscenter.com

Current Status: Accepting new clients

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes
Group therapy - Telehealth - Yes
Support Groups - Telehealth - Yes

Payment Options: Self Pay

RUBY, DR. LAURENTIA

drlruby.com

Current Status: Accepting new clients

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Other Detail: I will do in person if it's critical that therapy be in person

Payment Options: Sliding fee scale/low or no-cost options
Fee for service

SAFESPOT

<https://www.safespotfairfax.org/>

Current Status: We currently have a waitlist, but will be beginning services via telehealth once caseloads reduce.

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Individual Therapy - Telehealth – Yes
Other - In-Person – Yes

Payment Options: Sliding fee scale/low or no-cost options
Free, no cost services only

SECOND STORY

second-story.org

Current Status: Shelter services are on emergency need basis, homeless youth programs open and accepting new clients, after school programs on hold, parent resource centers open for phone calls and help online.

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Group Therapy – In-Person: Yes
Other – In-Person: Yes
Other Detail: Food and supplies distribution, help with benefit applications, shelter services are open for emergency placements, Young Mother's and Homeless Youth services open for new and current clients, etc.

Payment Options: All services are free to clients and public

SHERMAN, DAVID

Current Status: Accepting new clients

Populations Served: Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – Telehealth: Yes

Payment Options: Private insurance

THRIVEWORKS COUNSELING

<https://thriveworks.com/mclean-counseling/>

Current Status: Accepting new clients

Populations Served: Children
Adolescents
Young Adults
Adults

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Group Therapy – Telehealth: Yes
Support Groups – Telehealth: Yes
Other – In-Person: Yes
Other – Telehealth: Yes
Other Detail: couples, family

Payment Options: Private insurance
self pay rates starting at \$65

TRAUMA AND HOPE

traumaandhope.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Other – Telehealth: Yes Other Detail: Assessments
Payment Options:	We are not taking insurance at this time.

UMFS

www.umfs.org

Current Status:	It depends. In residential not accepting COVID 19 positive or exposed; TFC is dependent upon the situation; community-based services are offered telehealth only
Populations Served:	Children Adolescents Young Adults
Services Provided:	Other – In-Person: Yes Other – Telehealth: Yes Other Detail: Residential; Treatment Foster Care; FSP; Community services; Family therapy
Payment Options:	Private insurance Medicaid CSA

VERBAL BEGINNINGS

www.verbalbeginnings.com

Current Status: Accepting new clients

Populations Served: Children
Adolescents

Services Provided: Individual Therapy – In-Person: Yes
Individual Therapy – Telehealth: Yes
Group Therapy – In-Person: Yes
Group Therapy – Telehealth: Yes

Payment Options: Private insurance

VICTORIA TRANSCULTURAL CLINICAL CENTER

www.vtccnet.com

Current Status: Accepting new clients

Populations Served: Children
Adolescents

Services Provided: Other - In-Person – Yes
Other - Telehealth – Yes

Payment Options: Medicaid

VIRGINIA HOME BASED COUNSELING, PC

www.chooseyourprovider.org

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Other – In-Person: Yes Other – Telehealth: Yes Other Detail: IIH and MHSS mostly telehealth but some in person with precautions when necessary.
Payment Options:	Medicaid Self Pay

WISE FAMILY, THE, COUNSELING & ASSESSMENT

www.thewisefamily.com

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – In-Person: Yes Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – In-Person: Support Groups – Telehealth: Yes Other Detail: Family therapy via telehealth
Payment Options:	Sliding fee scale/low or no-cost options Private pay for service

WOMEN'S CENTER, THE

<https://thewomenscenter.org/>

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Support Groups – Telehealth: Yes Other – Telehealth: Yes Other Detail: Workshops, Financial Advising, Domestic Violence advocacy
Payment Options:	Private insurance Sliding fee scale/low or no-cost options \$55 out of pocket for Residents

YOUTH FOR TOMORROW

www.youthfortomorrow.org

Current Status:	Accepting new clients
Populations Served:	Children Adolescents Young Adults Adults
Services Provided:	Individual Therapy – Telehealth: Yes Group Therapy – Telehealth: Yes Other Detail: Family therapy, couples counseling, medication management
Payment Options:	Private insurance Medicaid Sliding fee scale/low or no-cost options
